

## Eight women now accuse Ghomeshi of abuse

One woman, actor Lucy DeCoutere, agrees to be identified [PAGE 12](#)

## Cookin' up art in an old bread factory

Public can meet artists, view work this weekend [PAGE 6](#)

## A CRIMINAL, BUT NOT A TERRORIST, MULCAIR SAYS

OPPOSITION LEADER SAYS THERE'S NOT ENOUGH EVIDENCE TO CALL HILL ATTACK TERRORISM [PAGE 12](#)



# RCMP apologizes to realtor for false info leak

**Top secret.** Covert operation meant woman couldn't defend herself over media reports

 **JOE LOFARO**  
joe.lofaro@metronews.ca

Before Wednesday, when you Googled Gillian Burnside, her name would spring up next to media reports describing an Ottawa commercial realtor who raked in \$70,000 by securing a lease on property to be used by the RCMP for a covert operation.

In 2009, she agreed to assist the RCMP in the top-secret investigation only known as Project Rave, but she had to keep her lips sealed on what she knew about it. The mother of three had been dating a senior Mountie at the time. An internal RCMP disciplinary hearing found, contrary to media reports, there was no evidence to prove she failed to disclose her relationship to the police force.

Then in 2011, an unknown source leaked information to the media, resulting in a published report alleging Burnside earned a \$70,000 commission on the lease and the RCMP had been paying rent on the property even though it was pur-



Ottawa realtor Gillian Burnside received an apology from the RCMP after an unknown source leaked false information about her involvement in a top-secret investigation. JOE LOFARO/METRO

portedly vacant.

In an interview with Metro Wednesday, she said the two erroneous claims in the report put her reputation under the microscope and had her fielding questions from her col-

leagues and family.

"(The article) makes it sound like I get the whole commission. It makes it sound like the premises were not occupied and a waste of taxpayers dollars, which is not true," she

said. "There were several inaccuracies."

The Internet trail followed her for four years. Her agreement with the RCMP meant she could barely defend herself in front of her family or at a job

interview.

"I had to just ask people to trust me," she said, "and I was very fortunate that my family, my friends, my colleagues were very supportive."

But the RCMP remained si-

lent after the leak, she said, so she hired a lawyer to sue the police force for an undisclosed amount of money.

"They weren't saying anything," said Burnside. "I needed to correct the Internet — I needed to fix my reputation so it felt (like) the only recourse at the time."

Last week, the RCMP came to a mediated settlement with Burnside.

On Wednesday, the force issued an apology to Burnside for the harm caused by the unknown source who leaked information to the media.

"Further and in hopes of correcting negative publicity when Ms. Burnside was named in media reports, the RCMP acknowledges that Ms. Burnside acted professionally and provided valuable commercial real estate services to the RCMP," the statement read.

"The RCMP has never asserted that Ms. Burnside acted improperly when providing those services. The RCMP would not hesitate to recommend Ms. Burnside's commercial real estate services to others."

Burnside emphasized that she does blame media for publishing the information.

"To me, the issue was that it was provided to them," she said. "They were doing their job."



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**Brian Barnabas**

## Police seeking missing man who may have gone into river

Ottawa police are trying to track down a missing man who may have gone into the water at Victoria Island.

Police say they found a few items belonging to Brian Barnabas on the island. The 21-year-old was last seen at 8 a.m. in the 1800 block of Russell Road.

He's described as an aboriginal man with black hair, dark eyes and several "homemade tattoos" on his forearms. He stands five-foot-nine and weighs 150 pounds. Anyone with information can contact the Ottawa Police Service's missing-persons section, at 613-236-1222, ext. 2355. Anonymous tips can be submitted by calling Crime Stoppers at 613-233-8477 (TIPS), toll free at 1-800-222-8477 or by downloading the Ottawa Police iOS app.

LUCY SCHOLEY/METRO



Ottawa police are searching for 21-year-old Brian Barnabas.

LUCY SCHOLEY/METRO



Tom Renney, president and CEO of Hockey Canada, shows off the Royal Canadian Mint's new silver collector coin commemorating the 100th anniversary of the founding of the Canadian Amateur Hockey Association. JOE LOFARO/METRO

# Coin marks historic moment in hockey

**Limited number.**  
100th anniversary collector's item unveiled in the place Hockey Canada started



JOE LOFARO

joe.lofaro@metronews.ca

The Royal Canadian Mint unveiled a limited-edition silver collector coin Wednesday commemorating the 100th anniversary

of the Canadian Amateur Hockey Association.

Hockey fans and collectors looking to get their hands on the coin might want to act soon as there will be only 7,500 coins minted. They sell for \$119.95 each.

The face of the coin depicts the familiar Hockey Canada silhouette logo next to a maple leaf.

The announcement inside the Fairmont Chateau Laurier brought Canadian hockey lovers to the sport's Canadian roots: The hotel was where the CAHA had its very first meeting

in 1914.

"To be able to circle back to this very venue is huge," said Tom Renney, president and CEO of Hockey Canada. "It sets the stage for the next 100 years."

Those next 100 years may prove to be a challenge for organizations like Hockey Canada as the financial cost to play professional sports like hockey rise and the fear of serious injury on the ice remains a concern for parents.

Renney acknowledges those are some of the challenges his organization faces as it tries to

grow the game and appeal to families across Canada.

"We've got to pay attention to new Canadians, immigrants to Canada, who come in and want very badly to be Canadian. What better vehicle than hockey to do that?" said Renney, who acknowledged there are concerns about safety for young athletes in hockey, including fighting and concussions.

"We have to pay attention to all of that and be able to stand up and make a stand with respect to where this game will go and how we legislate it moving forward."

1  
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# Ex-Scouts leader sentenced to five years for molesting boys

**Scott Stanley.** Victims were four boys, aged 12 to 15

 **LUCY SCHOLEY**  
lucy.scholey@metronews.ca

A former Scouts leader was handed a five-year jail sentence on Wednesday for having sexual relations with boys.

But because 31-year-old Scott Stanley gets credit for time already served in prison, he will spend three years and 281 days behind bars.

In her sentencing, Ontario Court Justice Heather Perkins-McVey told Stanley that it's not against the law to be a homosexual "but you engaged in sexual activities with children."

Those children — four boys, aged 12 to 15 — can't

be named under a publication ban.

Apart from his prison sentence, Stanley is also prohibited from contacting the four victims while in custody and must stay two kilometres from their homes when he's released. He's prohibited from speaking with anyone under 16 years old unless accompanied by an adult or for commercial purposes like ordering at a Tim Hortons drive-thru.

The former lifeguard and swim coach with the City of Ottawa is also prohibited from going to parks, swimming areas, daycares or schools where there may be young people.

Stanley started grooming the boys at an early age so that he could have sexual relationships with them when they were older.

In June, Stanley pleaded

guilty to 16 charges of sexual interference, invitation to sexual touching and Internet luring.

Because of his early plea, the boys did not have to testify in court, which is something Justice Perkins-McVey considered in her sentencing. She said he appears remorseful and open to receiving treatment.

She also said he's not a pedophile and possessed no child pornography on his Internet-enable devices. He's a man who feels inadequate with people his own age and suffers from anxiety issues, the judge said. He has tried committing suicide since his arrest, court heard.

At his sentencing hearing last month, Stanley apologized for his actions.

"Who I am hates who I've been and what I've done," he said.



Scott Graham Stanley, centre, leaves the Ottawa courthouse in July 2013 with his mother and stepfather after being released on bail following several sexual-assault-related charges. JOE LOFARO/METRO FILE

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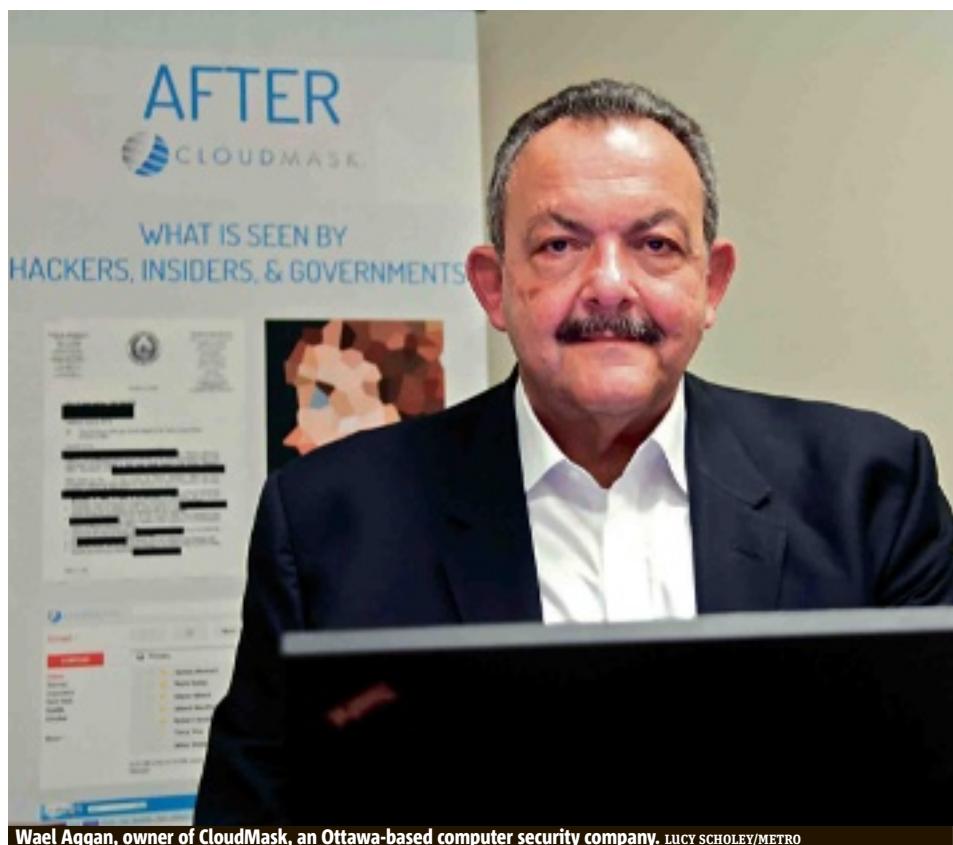


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Wael Aggan, owner of CloudMask, an Ottawa-based computer security company. LUCY SCHOLEY/METRO

# Crack the code and cash in

## Calling all hackers.

Take on a local computer-security company's challenge for a chance to win \$100K

 LUCY SCHOLEY  
lucy.scholey@metronews.ca

The owner of an Ottawa computer-security startup is offering \$100,000 to anyone who can crack his company's code.

Wael Aggan will even give up passwords and IP addresses — allowing the willing hacker to act as an employee of CloudMask.

Will that make it easier? Maybe not.

CloudMask does not try to prevent hackers from busting into computers. Instead, it mashes up your information in emails and documents like a "digital shredder," said Aggan. Anyone else who uses your passwords to access your information will only see a jumble of letters and words in your documents.

The program also blurs photos. Aggan said he could have helped actors like Jen-

nifer Lawrence and Selena Gomez, whose nude photos were stolen and leaked.

"To be hacked is a fact," said Aggan. "You cannot prevent a hacker. Anyone who thinks he can prevent a hacker — he is on the wrong road to disaster."

Computer users have to assume hackers are stronger than them, he said.

CloudMask's clients include government departments, banks and healthcare providers, but it's also geared for the average computer user for a monthly fee.

It uses military-level encryption to secure users' data, both on the computer

and in the cloud. No changes to accounts like Google Drive or MS Office are necessary.

CloudMask is Aggan's third company, which he started 22 months ago. ViaSafe Inc., which he sold in 2006, is a security company for the trade industry. His other firm, TradeMerit, provides cloud management tools to businesses in banking, automotive and international trade.

Aggan was educated in mathematics and encryption in Egypt. He immigrated to Canada in 1990.

There are 40 employees at the downtown Ottawa CloudMask office.



A before-and-after image of what hackers see if they hack into a system protected by CloudMask software, the company says. LUCY SCHOLEY/METRO



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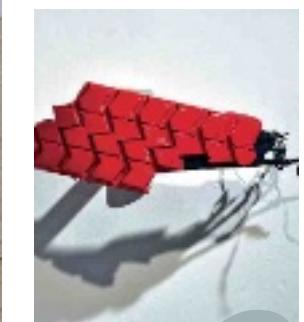
Twenty-two years ago, a group of students broke into a partially abandoned bread factory, then asked the owners if they could use it for an art studio. The rest, as they say, is history.

The Enriched Bread Artists collective invites the public to the old Standard bread factory this weekend and next to view their work and speak with the artists free of charge. For more information, check EBA's web site at [www.enrichedbreadartists.com](http://www.enrichedbreadartists.com)

SEAN MCKIBBON/MÉTRO Images and photos by Sean McKibbon, EBA artists, and Milan Kral



1



2

## 'We are alive'



3

**Untitled.**  
By Sarah Anderson

This striking untitled painting, is a 2014 oil and wax on wood piece. **CONTRIBUTED**



5

**5 Above and Beyond.**  
By Tavi Weisz  
Oil on canvas, 2013.

CONTRIBUTED

### 6 Get inspired.

Enriched Bread Artists collective president Joyce Westrop, left, showcasing an oil on wood painting by Colette Gréco-Riddle.

Fellow collective member Juliana MacDonald, right, shows the black and white works on the wall by Mana Rouholamini and the light sculpture in the foreground by Svetlana Swinimer.  
SEAN MCKIBBON/MÉTRO

6





Minister of Health and Long-Term Care Eric Hoskins says medical tourism generates about \$3 million a year in revenue for Ontario. NATHAN DENETTE/THE CANADIAN PRESS FILE

# Medical tourists bring in millions for Ontario, health minister says

**Health care.** Nurses' association urges ban, saying practice promotes queue jumping, NDP calls it a step toward a two-tiered system

The treatment of so-called medical tourists at a few hospitals in Ontario generates millions of dollars of revenue for the health system and benefits patients in the province, the health minister said Wednesday.

No public money can be used to care for those international patients and any revenue generated — about \$13 million per year — must be reinvested to benefit Ontario patients, for example to open new hospital beds or hire nurses, Eric Hoskins said.

"There are clear economic benefits ... but my job is to ensure that Ontarians come first, that there is no queue jumping, that it has no impact on wait times, that staff that are funded through our public system are not spending their time on international patients," he said.

## The numbers

In 2013-14, Sick Kids saw 207 international patients — 1.3 per cent of its total inpatient admissions — and University Health Network saw 174 such patients, accounting for 0.1 per cent of its total, according to the Ministry of Health.

- Ministry staff weren't immediately able to say if those numbers included humanitarian patients.

country to build a health system that is universal for all based on need, not on the size of our wallets and we the health-care professionals that are sitting here representing doctors, nurses, midwives and all others are not going to stay silent and allow it to happen."

The Ministry of Health and Long-Term Care is currently reviewing the practice to ensure that Ontario patients are coming first, Hoskins said. Only a small number of hospitals in the province treat medical tourists and the proportion compared to Ontario patients is quite small. Ninety per cent of the international patients Ontario sees are through the Hospital for Sick Children and University Health Network hospitals in Toronto.

The New Democrats said medical tourism is one step toward two-tiered medicine.

"It's unacceptable," said party leader Andrea Horwath. "There's no way that people should be able to pay to get services ahead of everybody else. It should be the people that get services get services because they are the ones that are most in need. That's the way our system works." **THE CANADIAN PRESS**

The Registered Nurses' Association of Ontario, along with several other health-care organizations, urged Hoskins to ban medical tourism, aside from humanitarian cases, saying the practice promotes queue jumping.

"Canadians, Ontarians, did not make a deal with government of funding the health-care system through their taxes to treat people from abroad that simply get ahead of the line because they have money," Doris Grinspun, the CEO of the nurses' group, said at a news conference.

"It took a long time in this

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## Ottawa school board

## Elected without even trying

An Ottawa school board trustee, who announced she was dropping out of the race after it was too late to get her name off the ballot, has been re-elected anyway.

Andrea Steenbakkers was elected trustee for the Ottawa-Carleton District School board's Zone 4, de-

spite not campaigning and announcing Oct. 3 she was out of the race.

A message on her website said, "I'm a proud member of this community and am humbled by the support it has shown for me. That being said, this result was unexpected and I need to take some time to digest it. I am currently in discussions with the board and others, including my family, about the way forward." **METRO**

## Ottawa Senators event

## Sens raise cancer funds, awareness

The Ottawa Senators will host their seventh annual Hockey Fights Cancer Awareness night Thursday before the team face off the Chicago Blackhawks at Canadian Tire Place.

Senators' wives and girlfriends will distribute "I fight for" cards at Gate 1 where fans are encour-

aged to write the name of someone they know who has been affected by cancer.

The fundraising initiative raises money and awareness for national and local organizations devoted to cancer research.

The event was originally scheduled to be held last Wednesday, but had to be postponed following the deadly shooting in downtown Ottawa.

**JOE LOFARO/METRO**

# Algonquin man sues police for seizing guns

## 'Greatly exaggerated'?

Man alleges Ottawa cops' refusal to return his weapons impinged on his traditional right to hunt

and deemed at no risk of harming anyone. He spent the night in jail.

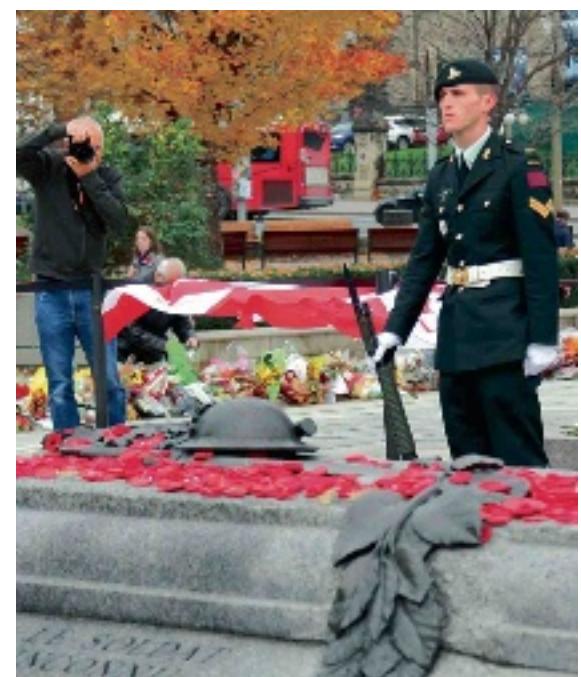
St. Louis claims police confiscated his firearms — seven long-guns, a pellet gun and ammunition — when he was in custody. He was charged with three counts of careless storage of firearms and one charge of careless storage of ammunition. The next day, he was forced to return his firearms licence. The charges were dropped eight months later, but police would not return the firearms, allegedly telling St. Louis he was still considered a danger to society.

St. Louis said hunting is part of his culture, but one officer allegedly told him, "Indians only have rights on reservations."

According to an APTN National News report, Christopher St. Louis of the Bonnechere First Nation is suing the police and the police services board, after his firearms were allegedly confiscated.

The story dates back to Jan. 3, 2007, when police responded to reports of domestic dispute between St. Louis and his wife. In court documents obtained by APTN, St. Louis was taken to the Montfort hospital, released

According to the APTN report, documents state that the damages are "greatly exaggerated," and officers were not negligent and acted lawfully. They deny they entered St. Louis's home illegally. The trial begins Feb. 17, 2015. **METRO**



## On guard a week later

A week after Michael Zehaf Bibeau killed Cpl. Nathan Cirillo, a sentry guards the National War memorial surrounded by an ever-growing number of flags, wreaths, flowers, poppies and expressions of condolence. **JOE LOFARO/METRO**

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An Ornge air ambulance helicopter is secured on the tarmac in Kingston, Ont., on June 9. COLIN PERKEL/THE CANADIAN PRESS

## Executive salaries may be capped at Ontario's scandal-ridden agencies

**Ornge, eHealth, and more.** Opposition parties accuse Liberals of hypocrisy, point to expense of gas plant scandal

and Gaming Corp. and the LCBO.

"We are serious about restoring trust in government," she told the legislature. "The people of Ontario have a right to know how their dollars are being spent, and that includes executive compensation."

The bill would create sector-specific frameworks for compensation, which includes salary, bonuses and severance packages, and heads of organizations would be penalized, including fines of up to \$5,000, if they don't comply.

The Liberals have come under fire in recent years over generous salaries and severance packages for executives in the public sector, including a \$406,000 golden handshake for a former eHealth Ontario CEO and \$9.3 million over six years for former Ornge CEO Chris Mazza.

The opposition parties slammed the Liberals as hypocritical for proposing accountability and transparency meas-

ures, but at the same time using their majority to block the attempts of a committee on cancelled gas plants to call two more witnesses.

The Progressive Conservatives and New Democrats want the justice committee — which has been probing the Liberals' decision to cancel two gas plants before the 2011 election, at a cost of up to \$1.1 billion — to call former Dalton McGuinty staffer Laura Miller and her computer tech boyfriend, Peter Faist.

They want to hear from them about the wiping of hard drives in the premier's office during the transition period to Kathleen Wynne's administration. **THE CANADIAN PRESS**

### Immunity status

#### Diplomat pulled over for impaired driving after public complaints

Ottawa police say a 32-year-old diplomat with immun-

ity status who "exhibited signs of impairment" Tuesday evening refused to provide a breath sample and was later released to the care of his embassy.

Police responded to Bank Street near Johnston Road after receiving complaints from the public at

approximately 9 pm. about an erratic driver.

The investigation continues and police are contact with the department of foreign affairs. Police would not explain why they would not disclose the embassy involved in the incident.

**JOE LOFARO/METRO**

### Quoted

**"We are serious about restoring trust in government."**

Treasury Board President Deb Matthews

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Devin Giamou, left, got punched in the face by a man at a Hamilton bus stop when he posed as a racist and hurled insults at a fellow actor in Muslim dress, right, for a YouTube video. YOUTUBE SCREENGRAB

## A blow (in the face) against racism

**'Social experiment.'**  
Bystander at bus stop  
in Hamilton slugs  
actor spewing  
anti-Muslim taunts

Its creators call it a "social experiment" spurred by the gunman's shooting rampage at Parliament Hill in Ottawa last week.

But their three-minute video posted to YouTube Monday shines a spotlight on Hamilton and a handful of people who stood up against anti-Muslim taunts hurled at a bus stop outside Jackson Square.

A young man who identifies himself as Devin Giamou spews the racist remarks.

His anti-Muslim vitriol is put on, just acting for the ex-

periment, but Giamou gets more than a stiff rebuke.

He tells a small clutch of people outside Jackson Square another young man with a beard and in white traditional Muslim dress (who's also an actor for the experiment) shouldn't get on the bus because "he could be armed with explosives."

Giamou's character says, "I don't feel safe so I can't take this bus here," referring to last week's shooting spree, which began with the fatal shot that killed Cpl. Nathan Cirillo of Hamilton.

"I want to take him to another bus. I don't feel safe."

One man immediately pushes back: "You know, you can't stereotype and judge people by their clothes, or their nationality or anything else, you know what I mean?"

What happened there, it was an incident of fanatics."

A woman pipes up, too: "It was awful and tragic, but I don't think that's any reason to persecute someone just because of what they're wearing."

But Giamou keeps making his case, eventually trying to physically remove his fellow actor. At that point, someone jumps to the Muslim man's defence and slugs Giamou in the face.

After a brief clip that shows him talking to a police officer, Giamou, who has a bloody face, offers this conclusion:

"So the social experiment had a negative ending to it, but it's positive because he stood up for him and I appreciate that, that's good, that's good."

TORSTAR NEWS SERVICE

## Indonesia close to laying charges against Canadian teacher: Family

Family members say the case against a former Calgary private school teacher detained in Indonesia for more than three months, has been turned over to a prosecutor and charges are expected to be laid by week's end.

Neil Bantleman, who taught at Calgary's Webber Academy for a decade, was arrested July 14 after claims of sexual assault arose from kindergarten-aged students at Jakarta International School.

Bantleman and his wife, Tracy, teach at the school.

He's been held in a Jakarta jail along with another teacher, but thousands have rallied around the pair and say no evidence has been presented to suggest they're guilty.

Metro spoke exclusively with Bantleman in a message interview from his cell earlier this month.

Much like his wife and JIS headmaster have in past interviews, Bantleman likened his case to the 1980s McMartin preschool trial in California in which one parent's allegations of abuse

prompted mass hysteria, with claims that hundreds of kids attending the preschool had been victimized and subjected to satanic rituals.

"For those doubting my innocence, there really is nothing to say," he said at the time.

Anyone familiar with the McMartin case and has read about the details of this case and doesn't believe we are innocent, then there is nothing that will convince them otherwise."

JEREMY NOLAIS/METRO IN CALGARY

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# Ghomeshi choked, slapped me, Trailer Park Boys actor alleges

## 'It was shocking.'

Eight women now accusing ex-CBC host of abusive behaviour

Eight women from across Canada now accuse former CBC host Jian Ghomeshi of abusive behaviour ranging from allegations of beating and choking without consent, to workplace sexual harassment.

The allegations the Star is probing range from 2002 to the present.

One of the women, popular Canadian television actor Lucy DeCoutere, has agreed to be identified. DeCoutere, who plays Lucy on *Trailer Park Boys*, recalls an incident in 2003 when she alleges Ghomeshi, without warning or consent, choked her to the point she

could not breathe and then slapped her hard three times on the side of her head.

"He did not ask if I was into it. It was never a question. It was shocking to me. The men I have spent time with are loving people," said DeCoutere, who, when she is not acting on the television show, is a captain in the Royal Canadian Air Force in New Brunswick.

Ghomeshi, 47, was fired Sunday from his job as host of *Q*, a flagship radio show of the publicly funded broadcaster. Ghomeshi has alleged in a lawsuit filed the next day that CBC made a "moral judgment" that his practice of a bondage-sadism sex life was wrong. He is suing the CBC for \$55 million for defamation and breach of trust and the corporation has said it will "vigorously" defend itself



Canadian actor Lucy DeCoutere alleges that Jian Ghomeshi attacked her in 2003. BRIAN ATKINSON/FOR TORSTAR NEWS SERVICE

against Ghomeshi's lawsuit.

The Star has presented Ghomeshi, his lawyers and his public relations staff with the allegations in this story

and they have yet to respond.

He met some of the women during his 2012 tour to promote *1982*, his best-selling memoir about a year

in high school in Thornhill. Others he met at film festivals, at music or CBC events, or at the CBC workplace.

Two of the women who al-

lege they were physically assaulted also say that before the alleged assaults in his home he introduced them to Big Ears Teddy, a stuffed bear, and he turned the bear around just before he slapped or choked them, saying that "Big Ears Teddy shouldn't see this."

One of the new women to come forward is a woman in her mid-20s who was a CBC producer in Montreal who dreamed of being on *Q*. He met her at one of his book signings. Ghomeshi allegedly took her to his hotel room, threw her against the wall and was very "forceful" with her. She said she performed oral sex "to get out of there." The woman, who still works in the media but not at CBC, said she decided not to complain because she feared he was too powerful.

TORSTAR NEWS SERVICE

## Up creek, with paddle

### Robbery suspect flees by canoe

A 20-year-old man was taken into Halifax police custody Wednesday afternoon after a robbery suspect tried to flee from officers — in a canoe.

Police said officers were called to a break and enter and when they arrived the suspect was seen getting away in a red canoe on the Northwest Arm.

He finally came into the shore about an hour after the initial call.

METRO IN HALIFAX

## NDP's 2nd attempt

### New bill targets the environment

The NDP is again trying to pass a bill that would enshrine environmental rights in law.

NDP Leader Thomas Mulcair says the private member's bill introduced by Edmonton MP Linda Duncan would safeguard the right to have a clean environment. But Duncan acknowledges the government won't support this legislation, which means it's unlikely to pass.

THE CANADIAN PRESS



### Protester versus pipeline

An RCMP officer talks to a protester who identified himself as George Khossi as he lies under a vehicle being used by surveyors working on the proposed \$5-billion Trans Mountain Pipeline expansion project in Burnaby, B.C., on Wednesday. The proposed expansion would nearly triple the capacity of the pipeline that carries crude oil from near Edmonton to the Vancouver area to be loaded on tankers.

DARRYL DYCK/THE CANADIAN PRESS

# Don't brand shooter a 'terrorist,' Mulcair says

The shooter in last week's deadly attack in Ottawa was a criminal, but not a terrorist — according to NDP Leader Tom Mulcair.

"I don't think we have enough evidence to use that word," Mulcair said at the end of an emotional party caucus meeting Wednesday, one week after Michael Zehaf Bibeau opened fire on a soldier and then on security guards just outside the government and Opposition caucus meeting rooms.

"When you look at the history of the individual involved, you see a criminal act, of course," he added.

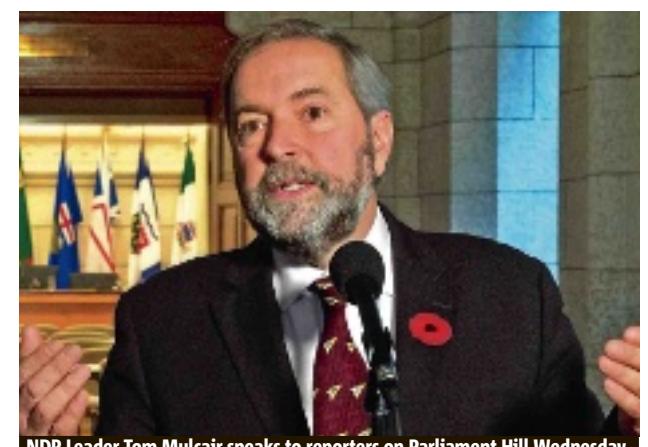
"But ... I think that we're not in the presence of a terrorist act in the sense that we would understand it."

Mulcair's comments were met with immediate condemnation from Conservatives and the leader of the Liberal party.

"The RCMP was clear, these were acts of terrorism, (so) these were acts of terrorism," said Justin Trudeau.

"It's ridiculous," added Conservative MP Peter Kent.

"It was clearly an act of terror (based on) his background



NDP Leader Tom Mulcair speaks to reporters on Parliament Hill Wednesday.

ADRIAN WYLD/THE CANADIAN PRESS

and motivation. RCMP Commissioner Bob Paulson's remarks about his motivation I think are very clear."

The remark re-emphasized a stark ideological divide in the House of Commons about how to react to the deaths of two Canadian soldiers last week.

Mulcair said it's obvious that Zehaf Bibeau had mental issues, and that his actions in killing a soldier at the National War Memorial and firing on security on Parliament

Hill were reprehensible.

But Mulcair said the latest information about the lone shooter indicates he should be defined merely as a criminal.

He later seemingly clarified his comments in the House of Commons, referring to the differences between a criminal act carried out by someone with a history of mental issues and an act of terror carried out by an "organized" individual or group.

THE CANADIAN PRESS

# At least 150 missing, feared dead after Sri Lankan mudslide

## Monsoon season.

At least six people have been confirmed dead, with 120 tea plantation workers' homes wiped out

A mudslide triggered by monsoon rains buried scores of workers' houses at a tea plantation in central Sri Lanka on Wednesday, raising fears that hundreds have been killed.

In the chaos that followed, there was confusion about the number of dead and missing because government officials reported different figures and later reduced the number of missing by 100 without explanation.

The mudslide struck at about 7:30 a.m. and wiped out 120 workers' homes at the Koslanda tea plantation, said

Lal Sarath Kumara, an official from the Disaster Management Center. The plantation is in the town of Koslanda in Badulla district, 220 kilometres east of Colombo.

He said at least 10 people were killed and more than 250 reported missing.

Later, Disaster Management Minister Mahinda Amaraweera was quoted by media as saying that more than 100 people had been killed. Moments later he told The Associated Press that less than 100 people were missing but they could not be counted as dead.

By late Wednesday the Disaster Management Center's official numbers were six dead and 150 missing. Pradeep Kodipilly, a senior official at the centre, did not explain the changes but said the agency would be able to give the media a clearer picture by Thursday morning.

The scene of the mudslide



Sri Lankan men stand at the site of a mudslide at the Koslanda tea plantation in the Badulla district, about 220 kilometres east of Colombo, on Wednesday. The mudslide triggered by monsoon rains buried a number of workers' houses, killing at least six people and leaving at least 150 missing, an official said. ERANGA JAYAWARDENA/THE ASSOCIATED PRESS

and witness accounts however suggested the disaster was enormous.

P. Arumugam, who works as a driver on the plantation, said he rushed there when he heard about the mudslide.

"Everything that I saw yesterday I could not see today — buildings, the temple and shops had all disappeared. I could only see mud," he said.

Marimuthu Navaneethan, a 28-year-old shopkeeper, said he

heard a big noise and saw mud rolling down toward his home.

He and his family ran from the house, adding that 65 nearby houses were covered.

"A midwife was living in one house with six family

members, and now all are missing except her husband. Their house was pushed down 200 metres and stopped near our home," he said.

State broadcaster Rupavahini showed huge mounds of earth covering the houses and muddy water still gushing from the hilltops.

Scores of children who had left for school early morning returned only to see their homes vanished without a trace along with their parents.

About 500 military personnel and civilians searched for survivors with the help of heavy earthmoving equipment. The search was later called off for the night because of rain and muddy conditions, military spokesman Brigadier Jayanath Jayawerera said.

The monsoon season in the Indian Ocean island nation runs from October through December.

THE ASSOCIATED PRESS

## Kilauea. Rainfall tempers smoke, does little to stop volcano's lava flow

Rain fell Wednesday on a red-hot river of lava creeping closer to homes and a main road in a rural Big Island town.

The precipitation wasn't enough to stem the flow, but it helped tamp down smoke pouring from the crackling molten stream consuming everything in its path, officials said.

The lava was about 255 metres from Pahoa Village Road, which leads through the community of Pahoa's downtown, Hawaii County Civil Defence officials said Wednesday. It had advanced about 82 metres since the previous day.

Pahoa is the commercial centre of the island's sprawling, mostly agricultural Puna

district, south of Hilo.

The flow from Kilauea volcano entered private property there Tuesday and destroyed an empty shed. It also burned tires and other materials, prompting authorities to warn downwind residents with respiratory problems to stay indoors.

The lava flow emerged from a vent in June and until recently had been slowly weaving through uninhabited forest and pastureland.

Officials say dozens of homes, businesses and other structures are now in its projected path. Most residents there either already have left or are prepared to go.

THE ASSOCIATED PRESS

## Indiana murders

### Ex-marine faces 45 to 65 years

A judge recorded not guilty pleas Wednesday for a former marine who is charged with murder in the strangulation deaths of two Indiana women.

Darren Vann is charged with murder in the deaths of Afrikka Hardy and Anith Jones and faces 45 to 65 years in prison, or possibly the death penalty. He will next appear in court on Jan. 9.

THE ASSOCIATED PRESS

## Hawaii

### Japanese deputy mayor found dead

A Japanese deputy mayor visiting Hawaii to establish a sister-cities relationship with Honolulu was found dead in the water just off Waikiki Beach.

Takehiko Kimura was found unresponsive in the water at about 8 a.m. and was pronounced dead at a local hospital. Honolulu City Council Chairman Ernie Martin says Kimura had been encouraging Honolulu to enter a sister-city relationship for a year.

THE ASSOCIATED PRESS



A football-field-length flow of lava pushes through a fence marking a property boundary above the town of Pahoa on the Big Island of Hawaii on Tuesday. U.S. GEOLOGICAL SURVEY/THE ASSOCIATED PRESS

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# An extra \$46 per Canadian could help cut homelessness

## Annual report.

Lead author argues with a budget surplus, some of that money should go to fight homelessness in Canada

Spending an extra \$46 per Canadian a year on affordable housing could dramatically reduce homelessness, a new research report concludes.

Existing intervention programs can only go so far if those who find a way off the streets or out of shelters can't afford their own place to live, say researchers from York University and the Canadian Alliance to End Homelessness.

Their annual State of

### Funding shortfall

The main reason behind what seems to be an intractable problem is a 46 per cent decrease in federal investment in affordable housing over the last 25 years, the report suggested.

- Affordable housing is defined as shelter that doesn't cost more than 30 per cent of a low-income person's budget.
- In 1989, \$115 per capita was spent each year on adding to affordable housing stocks. Today, it's closer to \$60 a year, the report found.

Homelessness in Canada study was published today.

With a budget surplus on the horizon, it's time to return to the days when federal cash was directly spent on building those places, said Stephen Gaetz, the director of the Canadian Observatory on Homelessness at York and one of the lead authors of the study.

"It's time to have a conversation — what are we going to do with that surplus?" he said.

"This is one that isn't going to break the bank. It's going to help not only end chronic homelessness but it's going to help many, many, many thousands of Canadians who are at risk of homelessness."

An estimated 235,000 Canadians a year experience homelessness at a cost to the economy of \$7 billion. **THE CANADIAN PRESS**



## A fork in the road: Fiat Chrysler spins off Ferrari

A technician works on an engine at the Ferrari plant in Maranello, Italy, in 2013. Fiat Chrysler Automobiles plans to spin off sports car maker Ferrari into a separate company, a way to unlock value in the luxury brand and distinguish it from its mass-market automaker parent. The company said Wednesday that spinning off Ferrari was part of a plan to raise capital to support the newly merged carmakers' expansion plans. Fiat Chrysler's five-year plan calls for increasing net income by five times by 2018. Fiat Chrysler CEO Sergio Marchionne said in a statement that it was "proper that we pursue separate paths for FCA and Ferrari" following the completion of the merger of Chrysler and Fiat with a listing on the New York Stock Exchange earlier this month. **MARCO VASINI/THE ASSOCIATED PRESS FILE**

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## Changes. New rail safety rules unveiled in wake of Lac-Mégantic tragedy

The Conservative government has unveiled a new set of rules aimed at improving rail safety in Canada.

They include tougher hand brake requirements, more Transport Canada staff to do audits, more research on crude oil properties and a requirement that rail companies submit training plans for review.

The new rules come after the Transportation Safety Board gave a failing grade this week to the country's two largest railways and the railroad involved in the

deadly Lac-Mégantic disaster.

The TSB report said all have failed to file mandatory accident information in recent years.

The rail industry is facing heightened scrutiny following the fiery July 2013 derailment in Lac-Mégantic, Que., which killed 47 people and wiped out part of the town.

An unattended tanker train loaded with volatile crude oil broke loose from its parking spot, roared down a hill and slammed

### Atlantic City casino

Cocktail servers settle lawsuit over skimpy outfits

Forty women employed at an Atlantic City casino have resolved their discrimination lawsuit over skimpy uniforms.

The lawsuit was filed in 2011 after Resorts Casino Hotel adopted a roaring '20s theme after the popularity of the HBO series Boardwalk Empire, which was based on Prohibition-era Atlantic City's reputation as the vice capital of the East Coast. **THE ASSOCIATED PRESS**

### Controversy bubbled up

**SodaStream is moving its West Bank factory**

Israeli drink maker SodaStream International Ltd. said Wednesday it will close a West Bank factory that has been targeted by boycott activists and move the facility to a location inside Israel.

A SodaStream representative said that the decision to move the factory was for "purely commercial" reasons. **THE ASSOCIATED PRESS**

### Market Minute

**TSX**  
14,527.57 (-96.68)

**OIL**  
\$82.20 US (+\$0.78)

**GOLD**  
\$1,224.90 US (-\$4.50)

**DOLLAR**  
89.36¢ (-0.16¢)

**Natural gas:** \$3.80 US (+\$0.01)  
**Dow Jones:** 16,974.31 (-31.44)

# COSTUMES: POMPEII OK, PISTORIUS NO WAY

Ladies and gentleman, start your Twitters! It's Halloween season, which means it's time to be morally outraged by dumb people dressing up of fensively.

I've been flexing my thumbs in preparation.

Every year people dress up as their favourite atrocities, racial stereotypes and "sexy" what-  
vers, showing that the really scary thing about Halloween is the deep, dark depths of human obliviousness. A great Halloween costume is a thing of beauty, but many people make it clear we should have left the holiday to the kids. As a public service to mouthbreathers, here's a quick list of things you shouldn't do if you want to avoid becoming a social-media sensation.

**1. DO NOT bring sexy back:** Every year we're inundated with "sexy" costumes, where "sexy" is roughly equivalent to "cleavage" and/or "inappropriately cold for late October." There's nothing wrong with that, but it's a bit lazy and played out. At



HE SAYS  
**John Mazerolle**  
metronews.ca

least stick with things where "sexy" makes sense (cats, cops, humour columnists).

Too many costumes are just random nouns with "sexy" in front of it, like the "sexy hockey fan" costume (making the rounds on Twitter, natch), which is just a tight costume, a purse and the words "Puck U" on the front. Erotic! Please, let's save the bunnies for Easter. And, of course, don't sexualize your kids' costumes. There's a "girl's" firefighter costume in the news this year that replaced the helmet and uniform with a fascinator and a skirt. Put gender roles aside for a second: We are raising a generation of terrible firefighters. You may roll your eyes at political correctness now, but wait until they show up at your burning

house 20 years from now with a handbag instead of a hose.

**2. DO NOT dress as bad news.** I can pretty much guarantee one Twitter outrage this year: Someone, somewhere, is going to dress as Oscar Pistorius. I'm certain mostly because it perfectly hits the Venn diagram of being a sensitive issue on four fronts:

race, gender, gun use and disability. What a perfect convergence for some guy to smash through in one swift movement because he thought of a "hilarious" idea while posting to #Gamergate. I hate him pre-emptively.

If you feel the need to dress as bad news, you have two options: fictional bad news (HAL 9000!) or bad news so old that nobody alive has any relatives who died in it. Pompeii it up.

**3. DO NOT dress as any culture or race but your own:** It's become an annual tradition to wait in anticipation for an NHL player to reveal himself in blackface, followed by the ceremonial cry of "What's the big deal?" — and then by the communal sharing of the explanatory Wikipedia links. Soothing and reassuring, really.

Here's a helpful hint: If you're thinking, "Hmmm ... something in the way of cultural appropriation this year," why not try your own culture? As a white, middle-class, middle-age male, I'm considering "Guy Who Likes Pumpkin Spice Lattes" or "Guy Who Doesn't Own a Television."

For a woman it's almost the same. Just add a fascinator. Retweet if you agree!

## Metro Bitstrips caption contest



Today's winner:  
**Marcus Stewart**



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MetroTube



### If you missed National Cat Day ...



ANDREW  
FIFIELD

[andrew.fifield@metronews.ca](mailto:andrew.fifield@metronews.ca)

National Cat Day is a seemingly weekly event that provides Twitter users with a novel opportunity to share pictures of their felines online. Kevin Richardson is a man who knows his way around a cat, particularly the lions of South Africa. And while National Cat Day has passed, it seems as good an excuse as any to show the amazing GoPro footage captured when he strapped one to the back of a lioness. Warning to the sensitive: Eventually the cat finds some prey, and things don't go well for it at all. (GoPro/YouTube)



SCREENGRAB

Letters

**RE: Jian Ghomeshi Case Highlights Why Some Women Don't Report Assaults: Column, published online Oct. 27, 2014** I would like to commend Ruth Davenport on her column pertaining to the Ghomeshi debacle. She conveyed the sentiments of many women, but also of many men, like myself, who are offended by the systematic abuse of both men and women (but mainly women) under the guise of consenting personal sexual preferences. The CBC has an image/brand to protect and if it is made public that anyone in their employ acts in a manner that is contrary to that image/brand then I feel they pretty much have the right to dismiss (them). More importantly, women (or men) that have suffered abuse should be encouraged by our law enforcement to come forward and testify and not subjected to the negative attitudes that currently prevail. Victims should be protected. **Steve Reeve, Toronto**

# Creating art from old plates and broken hockey sticks

**Working with wood.**  
Mike Patriquin makes picture frames, maps and bottle openers from recycled material



BACKSTAGE  
PASS  
Jen Traplin  
ottawa@metronews.ca

Mike Patriquin has been working with wood his whole life and, for the past handful of years, his hobby has proven to be quite fruitful.

Patriquin creates and sells picture frames and bottle openers made from broken hockey sticks. He also makes birdhouses, maps and sports logos from old licence plates and locally sourced barn wood.

"My grandfather was a big woodworker, so myself and all my cousins on my dad's side, we used to do www, which is working with wood," he says.

"I found an old rope ladder of his and the rungs of the ladder were all old hockey sticks, so maybe there's an unconscious side of things."

Patriquin sells his creations through his website at brokenstick.ca, at local craft fairs such as Urban Craft, and at the recent Etsy: Made in Canada event.

Brokenstick got its start about eight years ago, when Patriquin needed a last-minute birthday present for his dad. He decided to make him a picture frame out of broken hockey sticks.



Woodwork hobbyist Mike Patriquin created this map of Canada from vintage licence plates, mounted on barn wood. CONTRIBUTED

On the back of the frame, he wrote "1 in a limited edition of 500" as a joke, but that joke has now become reality.

"I think I've made about 550 to 600 of them," he says.

A lot of his products are the result of suggestions made by friends and clients, and all are made with recycled materials.

He turned his attention to old licence plates when he realized the supply of wooden hockey sticks was depleting as players move towards composite sticks.

Patriquin says he finds most of his materials online.

"I scrounge a lot on eBay. The collectors prefer one or

two particular plates and then they'll trash the rest of them (from lots of 100 to 500)," he explains.

"I don't tell them I'm going to cut them up when I'm buying them. They're pretty rusty and they're junk to them, but, to me, it adds an extra look to it."

Although his creations are proving quite popular, Patriquin, a teacher, has no plans to turn his attention to them full time.

"People ask me if I would quit my job but I absolutely love my job so that's never going to happen," he says. "I just like to do stuff with my hands."



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# One Direction fan spins a torrid tale

**Books.** Since posting risqué stories about a Harry Styles-esque character, Anna Todd has sealed a book deal and sold the film rights

When the family of One Direction fan fiction writer Anna Todd found out the 25-year-old Texan had authored a steamy online book series captivating millions of readers, they were shocked.

"I didn't tell my husband until I was halfway through the second book. He thought I had a phone addiction," Todd says, giggling. "I was always on my phone, but he didn't know what I was doing."

The surprise for Todd's army husband came in 2013, months after she used online writing platform Wattpad to incrementally release her first book, *After*, a story about a college girl who falls in love with a character modelled after One Direction's Harry Styles.

Since then, Todd has been catapulted to stardom. She's written two more Wattpad

stories, scored a major book deal with Simon and Schuster, sold the film rights to *After* to Paramount Pictures, and launched a jewelry line.

The success, she says, has made it hard for her to even go shopping without being recognized.

It's a strange experience for someone who never imagined making a career out of writing from the backseats of cabs, the waiting room at her doctor's office or the aisles of grocery stores.

"I had no idea what to expect when I first started writing," she says. "I never expected it to turn into this."

She admits she's caught "a little bit" of flack for the sexual nature and risqué scenes described in her books, which some compare to erotic romance series *Fifty Shades of Grey*.

"My intention wasn't for anyone who wasn't mature enough to read it," she says. "The characters are 18 and 20, so I was reflecting their age range and I wasn't intending for this to be a One Direction fan-based thing."

She's also faced the scorn of avid One Direction followers, who believe Todd has

wrongfully portrayed Styles as a bad boy with a predilection for emotionally abusing women and stirring up trouble.

In an outpouring of social media postings with hashtags like *#StopAnnaTodd* and *#SuspendAnnaTodd*, former fans have called on readers to boycott Todd's work.

For the most part, she has ignored the controversy.

"Everyone has an opinion and it seems that the negative voices can be the loudest, but I chose to focus on the positive comments from readers," she says. "They make this whole process worthwhile and so much fun."

She says the instant sup-

port demonstrates the power of the online community and the Toronto-based Wattpad platform she uses, which allows users to read and write their own stories through an online portal or mobile app.

The company says nine billion minutes are spent on their platform every month by users reading 75 million

free stories ranging in length and genre.

According to Wattpad general manager Candice Faktor, the most popular areas are romance, science fiction and mystery, but Todd has led a burgeoning wave of millennials gravitating toward fan fiction and mobile readers.

**TORSTAR NEWS SERVICE**



Anna Todd recently sold the rights to a story she wrote about a college girl who falls in love with a character modelled after Harry Styles. J.D. WITKOWSKI

## Quoted

**"My intention wasn't for anyone who wasn't mature enough to read it. The characters are 18 and 20, so I was reflecting their age range. I wasn't intending (it) to be a One Direction fan-based thing."**

Anna Todd, fan fiction author, on controversial sex scenes in her online stories

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# George R.R. Martin draws it out for fans

**Books.** Game of Thrones creator released an illustrated guide to his fantasy world this week — but it's not enough to satisfy waiting fans

George R.R. Martin knows all the signs of Boba Fett Syndrome. Named for the minor Star Wars character who fans demanded to know more about, Boba Fett Syndrome is most acute for any book or film series that has reached a certain level of phenomenon. At that point, minutiae become major.

For Martin, this has meant not just the usual demands for the next A Song of Ice and Fire fantasy novel (don't ask, he's still working on it), but constant letters and emails asking for information on everything from dragons to Aegon Targaryen's war against the Seven Kingdoms.

Martin's new book, released this week, is The World of Ice



George R.R. Martin's new book, *The World of Ice & Fire: The Untold History of Westeros and the Game of Thrones*, was released this week. THE ASSOCIATED PRESS FILE

& Fire: The Untold History of Westeros and the Game of Thrones, 300 pages of back story and original artwork by some of the world's top fantasy illustrators. He agreed to the companion volume in 2006 and expected it would take just a couple of years. Naturally, it took longer. He intended to

write some brief text to accompany the drawings, but ended up setting down some 300,000 words, more than enough to make his editor's "head explode."

"It was bigger than I anticipated," he said during a recent telephone interview, acknowledging that The World of Ice

& Fire might have delayed still further the next Ice and Fire novel. "I start these things that I think won't take much time and they grow and grow."

Martin said The World of Ice & Fire offers material already in the Ice and Fire series; material he has long worked out in his mind and on paper, but had

## Quoted

**"I start these things that I think won't take much time and they grow and grow."**

Writer George R.R. Martin, on taking his time with the creative process.

never released; and material he invented entirely for the book, such as the section dedicated to lands on the other side of the Narrow Sea. (Fans of Tyrion Lannister, be advised: Martin includes little about the character he has called his favourite. He's saving that for future books).

Time spent working on The World of Ice & Fire also means time spent on publicity, and on Sunday the resident of Santa Fe, New Mexico came to New York and appeared before hundreds of fans at Manhattan's 92nd Street Y. Dressed all in black — black corduroys, black shirt, and black vest set off by his white hair and beard — he was interviewed on stage by Salon.com critic Laura Miller and responded to written questions from the audience.

Martin, 66, has completed five of seven planned novels: The most recent, A Dance With Dragons, came out in 2011, the same year the Emmy-winning HBO adaptation Game of Thrones first aired. Martin said Sunday that one challenge is keeping track of so many characters and events spread out over thousands of pages. Like a filmmaker hiring a continuity director, he works with long-time Ice and Fire experts Elio M. Garcia, Jr. and Linda Antonsson, who run the fan site westeros.org and are credited as co-authors of the new book.

"They displayed, right away, an almost obsessive knowledge of my world. In fact, I had to alter my world because of that obsessive knowledge," Martin said, noting that they had caught errors in his work.

A native of Bayonne, N.J., Martin loved comic books and writing as a kid, and by high school had won an award for a superhero story. He has been publishing books since the 1970s and began his Ice and Fire series in the 1990s, intending to write a trilogy.

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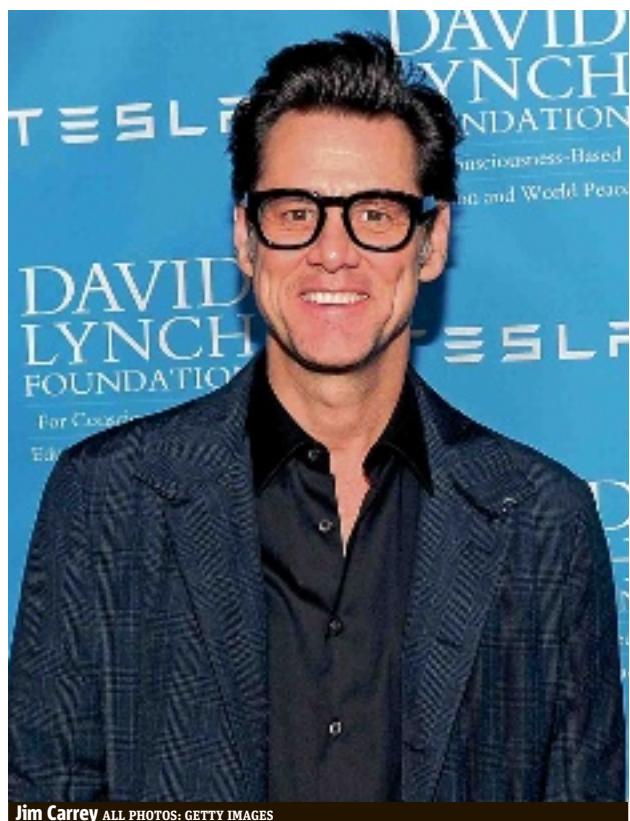
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Jim Carrey ALL PHOTOS: GETTY IMAGES

## Carrey isn't the type to marry ... for a third time

Jim Carrey is no longer the marrying kind, apparently. "I just don't see it as necessary at this point," the twice-divorced 52-year-old grandfather tells Howard Stern during an interview. "Is it really sacred? I don't know."

Deep, probing questions, to be sure. But more telling seems to be what years of fame seem to have done to Carrey's outlook on romance in general: "If you hook up with someone who is

famous, you become a sellable commodity and that's the most important thing in those magazines," he says.

"It's not what you're doing in the movie. It's who you are with, what are you doing, are you breaking up?"

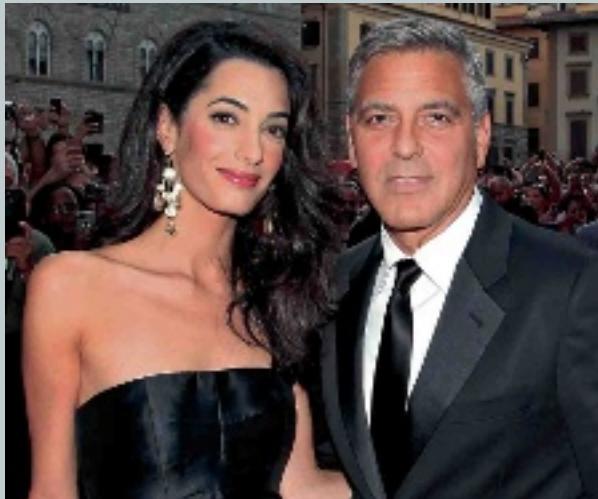
And I'm sure that after hearing such a good point about the whole business, Stern immediately abstained from asking any further questions about Carrey's personal life.

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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



### Clooney party inconveniences commoners

 **NED EHRBAR**  
Metro in Hollywood

It turns out that entertaining George Clooney and Amal Alamuddin can be bad for business. A recent soiree thrown by the newlyweds at the Danesfield House hotel in Buckinghamshire,

England, left other guests feeling a bit overlooked. Clooney's fabulous, swanky affair apparently necessitated renting out half the hotel's rooms.

One guest posted to TripAdvisor, "Booked afternoon tea two months in advance for very special occasion for family, never got to go as was canceled one week beforehand due to exclusive event taking over the hotel. ... Won't book with them again."

Sounds like something out of Downton Abbey, honestly.

### Twitter



**@GarryShandling**

I don't normally believe in curses but the Lakers should get a shaman in there as fast as possible.



**@therealroseanne**

obama was put in office by banksters who wanted to make sure that the president after him would be Jeb Bush.



**@billyeichner**

I know you guys want to be sexy AND topical but PLEASE don't dress up as Slutty ISIS this weekend.



## Don't put Katie in the Cruise corner

Katie Holmes does not want to be defined by her divorce from Tom Cruise, you guys, so stop asking about it. "I don't want that moment in my life to define me, to be who I am. I don't want that to be what I'm known

as," she tells People magazine. In fact, that's just the beginning of Holmes' batch of don'ts. "I don't have any fear now, I don't have a lot of rules for myself and I don't take myself that seriously." But what do you do, Katie? Aside from humour People magazine when they ask about the divorce you've made it clear you don't want to talk about? Although I can see that takes up a lot of your time.

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# Wang throws down the new urban uniform for H&M

**Style.** The designer's take on day-to-night dressing includes a stop at the gym

A quick scan of the crowd gathered for Alexander Wang's H&M debut revealed the fashion set's new unofficial uniform: sleek black everything and sneakers.

It seems that every editor present ditched her stilettos for the multi-part extravaganza — which included a morning press conference downtown, an evening fashion show way uptown, followed by an after-hours pop-up shop and concert — which was totally fitting.

Wang has championed effortless, off-duty dressing since launching his label in 2004. For Spring '15, the designer drew inspiration from "the phenomenon of sneaker culture." Now his much-hyped H&M collaboration takes on active wear.

"A lot of my friends are gym fanatics and go to SoulCycle," explains Wang about the starting point for his capsule.

The designer, who has a sixth sense for how tastemakers want to dress, stresses that these days sporty clothes aren't just relegated to the gym.

"There's a lot of people like me: I'm not an athlete, I don't work out, but I wear gym clothes almost everyday," he says.

Further proving his point that fashion-inspired fitness is a thing, Beyoncé recently announced a new partnership with TopShop to produce an athletic streetwear label.

"People have such active lifestyles that they want to be comfortable. They want to be able to move and take the subway and run around," says Wang.

If there's anyone who understands our fast-paced lives, full of multitasking and meals on the go, it's Wang. In addition to designing his eponymous multi-million dollar brand, the 30-year-old was



Alexander Wang's line for H&M hits stores Nov. 6 CONTRIBUTED

named creative director of Balenciaga in 2012. And somewhere in the mix he managed to create this collection for the Swedish fast-fashion retailer — which, he stressed, isn't a lower-priced version of his greatest hits. These designs are brand new.

"For me I always try to push forward and discover a new conversation that I haven't necessarily done before, while staying very true to the approach of ease, the approach of being unpreten-

tious, the approach of being comfortable," he says.

Sporty clothing fits the requirements. Specifically, says Wang, "the idea of sports at night." Anyone who's attended a Wang after-party knows that the designer prefers to burn his calories on the dance floor.

Cutout scuba dresses, tech-inspired leggings and quick-drying crop tops work just as well at the club as they would at, say, Equinox. The technical construction behind athletic wear was another draw for Wang.

"I'm not trying to reinvent the wheel," says the designer. "I love fashion; it's fun, and I think it should be celebrated."

METRO

## He wears it well

**"This line is so close to my process and how I live that it felt very authentic to my lifestyle."**

Alexander Wang

## Our favourite looks from Alexander Wang x H&M



Hoodie, \$69.95



Quick dry socks, \$18



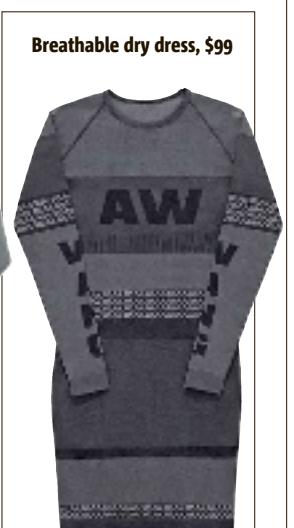
Leggings, \$59.99



Down jacket, \$349



Sweatshirt, \$59.99



Breathable dry dress, \$99



"Anyone in the world can be Parisian. It's all about the attitude," says Caroline de Maigret. PROVIDED

# Une fashion sense française

**Style.** Caroline de Maigret's book unravels the 'je ne sais quoi' behind Parisian style.

"People praise the effortlessness of French women, but they don't realize that it's actually an effort to look effortless," says Caroline de Maigret, glancing down at her black sweater, skinny Lee jeans and Stan Smith sneakers. Born an aristocrat, the 39-year-old has never exactly slummed it. Her new book, *How to Be Parisian Wherever You Are: Love, Style, and Bad Habits*, co-written by journalist Audrey Diwan, writer Anne Berest and movie producer Sophie Bas, could read as an ode to the privileged — but the style tome steers clear of preachiness, instead debunking myths in an ironic look at the lives of French women.

**How did you come up with the idea to write this book?**  
Every time I travel abroad, I'm asked about "La Paris-

ienne." So I would get a lot of questions, but I also realized that there were a lot of clichés around the Parisian lady, who has kind of been crowned the "ideal woman."

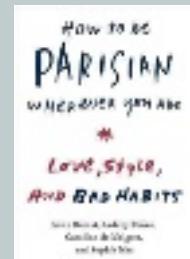
It's strange for me because "La Parisienne" is actually a lady who doesn't try to be anyone else or to reach perfection but learns how to deal with who she is and how to play with her flaws instead of fighting them.

So with my three friends, we decided to show that these women were everything but perfect.

**Who do you think is the chicest Parisian woman?**

Charlotte Rampling is unbelievably beautiful and incredibly chic. She is feminine with an androgynous edge and, most importantly, she is a bright woman. She might be British, but she is one of the most Parisian people ever — just like Jane Birkin or Romy Schneider, who were born abroad but epitomize Parisian style, which is precisely why we made this book. Anyone in the world can be Parisian. It's all about the attitude.

## Naughty list



The subhead of the book is *Love, Style & Bad Habits*. What are your bad habits?

• My bad habits would be my contradictions such as eating a pizza and having a coffee sweetened with a Splenda. But I consider these bad habits good ones because they are the salt of life, which makes all of this a fun adventure.

**Who is the chicest man?**

I always say Keith Richards, but my man (French musician) Yarol Poupaud is probably the most stylish man I know. I steal all his clothes — he is the one who taught

me to have fun with my style.

**Who is your favourite fashion designer?**

Karl Lagerfeld. What I love about Karl is the way he sees women. He is always ahead of his time: He knows everything about fashion, literature and the arts in general. I think that fashion is linked to society, even if for me it's just a way to have fun, and he knows exactly how to transfer society to fashion, without ever forgetting to add in some humour.

**Do you wear makeup?**

Usually I wear brown mascara, because it makes my eyes look less severe and younger, and I switch to black at night. I'm a big fan of the Yves Saint Laurent Touche Eclat that I use to brighten the eyes, but also as a normal concealer. I put some NARS Sumatra Multiple on my cheeks, but I almost never wear foundation. Even though I don't wear a lot of makeup, I just designed a collection for Lancôme, which will be released in September 2015.

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# BAYSHORE FASHION FILE

BAYSHORE SHOPPING CENTRE ANSWERS YOUR FASHION & BEAUTY QUESTIONS.

**Q:** I'VE HAD THE SAME BAG FOR 11 YEARS. WITHOUT GOING INTO THE TRADITIONAL BRIEFCASE, ARE THERE STYLISH BAG OPTIONS FOR MEN? - D.M.

**A:** Increasingly there are more and more options in bags for the stylish man. A great way to update your briefcase is to go with something that is softer and less structured. Look for fine quality leather with a zip opening instead of the traditional flap. Cognac and rich, dark browns will compliment many different colours in your wardrobe.

**Q:** IT'S SO HARD TO CHOOSE A LEATHER JACKET THAT IS BOTH A LONG-TERM INVESTMENT AND A TIMELESS FASHION CHOICE. WHAT STYLE SHOULD I CHOOSE THAT WILL BE FASHIONABLE FOR YEARS TO COME? - S.H.

**A:** Great question! Ask yourself, am I just trying to follow current trends, or is it something that I'll get wear out of for a few years? The thing with trendy details is that they come and go, while the classic jacket with distressed leather and minimal hardware will remain your go to fashion choice for a while. If you're in a position to expand your wardrobe, go with trendy jackets that incorporate a multitude of patterns and textures. If you're on a budget however, pick a leather jacket that will look nice as it's worn for several seasons - this means quality leather whose look will improve with wear, and whose colour will remain in fashion for a long time. Choose colours like tan, black and chocolate brown for a timeless look and a worthwhile investment.

**Q:** ON THE HOLIDAY PARTY INVITATIONS I RECEIVE, I'M ALWAYS ASKED TO DRESS IN 'BUSINESS CASUAL'. WHAT DOES THIS MEAN? - L.B.

**A:** With so many holiday parties on the go, "Business Casual" is an easy way for guests to arrive at parties, without having to make the trek home after work to change. This simply means a more comfortable version of your work attire. Men can remove their ties, and go with a suit jacket, and an open collar shirt; women can remove their jackets and attend with a skirt and blouse, while switching up their accessories for something more fun!

*Angie*  
ANGIE RUSSELL | MARKETING DIRECTOR, BAYSHORE

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# Canadian street style

Spotted in: Toronto

**Name:** Alex

**Age:** 23

**Occupation:** Architect associate

**What she's wearing**

Steve Madden shoes, Zara skirt, Urban Outfitters top, Vintage coat, Pure Italian leather purse.

**Her inspiration**

"You'd be surprised, but I like minimalism when it comes to style."

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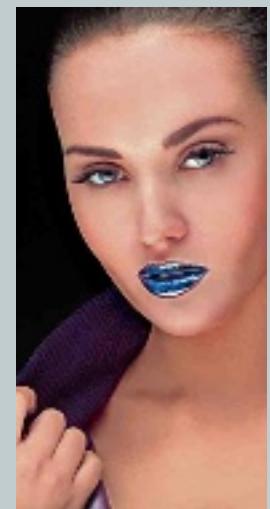


## Trends Report

Need some last minute do-it-yourself Halloween-inspired looks? Go online to Trends Report to find out how you can get into the Halloween spirit without having to put on a costume.

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# Tip me over and pour me out

It's the time of year when hot drinks (spiked or not) become fashionable for entertaining. Forget the single-brew pours — instead, offer up warming bevies from some of the hottest serving vessels on the market

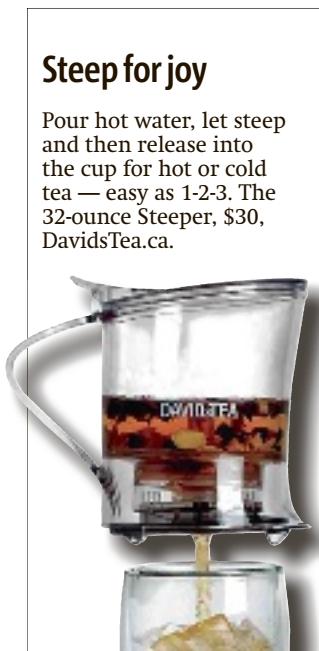


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CENTRE  
Karl Lohnes  
home@metronews.ca



## Catch red-handled

Coffee and tea service can now travel all around the house when entertaining, thanks to this carafe. Primula Kata Soft Grip 1.5-litre Thermal Carafe, \$37, BedBathAndBeyond.ca.



## Steep for joy

Pour hot water, let steep and then release into the cup for hot or cold tea — easy as 1-2-3. The 32-ounce Steeper, \$30, DavidsTea.ca.



## Take to flask

Serve your favourite hot beverage at the game or just on the balcony. Kullar Steel Vacuum Flask, \$10, IKEA.com.



## Let it drip

Retro drip-coffee style comes right to the dining table in heavy-duty, yet lightweight glass. Hario V60 Range Server, \$30, CrateAndBarrel.com.



## Hot off the press

Tall and sleek is the best way to brew coffee at the table. La Cafatiere Lexi Bone China Coffee Press, 900ml, \$120, TheBay.com.



## Come into bloom

Marimekko's famous Unikko fabric brings charm to the table in the form of a Unikko Teapot, \$98, EQ3.com.

# Clamp legs bring something new to the table

**DIY.** Legs with built-in clamps can turn any surface material into an easily portable, one-of-a-kind table

Furnishing a home that will create a lasting impression can sometimes be difficult to accomplish without the right resources. It's not always easy to find time to browse countless home and furniture stores. With the help of clamp legs, customizing furniture has never been easier.

These innovative table legs are equipped with built-in clamps at the top of each leg. The four legs help support the weight of the surface material while the integrated clamps at the top of each leg help hold everything in place and give it stability. Clamp legs provide endless possibilities for creating personalized tables, stools, and benches.

## What you need to know

Clamp legs are all about customizing and creating home furniture. They come in different sizes and a variety of colours to suit individual needs. With built-in clamps, the legs' design makes assembling and



Assembling tables from salvaged materials is easy using legs with built-in clamps (inset). THE FLOYD LEG/KICKSTARTER

disassembling furniture a quick and easy process.

A kitchen table built with clamp legs helps bypass the hassle of getting an awkward-

ly shaped table into a home. The furniture is also easy to store and pack for those who move around a lot or need to create extra space.

## Gathering materials

First, purchase and prepare the selected surface material. This way, matching the clamp legs to the surface be-



Mix and match materials to make a glass table. THE FLOYD LEG/KICKSTARTER

## More salvage ideas

Find out how to salvage other materials around the home with the season premiere of *Salvage Dawgs*, Tuesdays at 10 p.m. ET/PT on DIY Network Canada.

comes much easier. To select the surface material, visit a hardware store to purchase new sheets of wood that are ready to use or recycle old furniture. Use an old door, various pieces of a dresser, or even the table top of an old desk.

Don't be afraid to incorporate other materials such as plastic, glass, or an old

countertop. Mix and match pieces like an old door and a glass top to create an even surface.

## Legwork

Give people something to talk about with the many furniture pieces that can be built with the help of clamp legs. One of their greatest benefits is the availability of different sizes. With longer clamp legs and some wood, build a table for the kitchen or the front entrance. Smaller clamp legs are great for a new bedside table or even a coffee table for the living room. But don't stop there: Get creative and build a funky bench or stool perfect for any room.

# Bloody good side adds subtle spooky touch

**Cookbook of the Week**

**The yum factor in bitter bites**



In some places (think Italy and parts of Asia), bitter flavours are appreciated. In North America, sweet and savoury nab the culinary spotlight. Jennifer McLagan is out to change that with her book *Bitter*.

Through science, culture, history and 100 recipes, McLagan explores bitter bites in all of their aspects and makes a case for the misunderstood flavour.

Recipes include Arugula Pizza, Cardoon Beef Tagine, Methi and Spinach with Baked Eggs, Rapini with Penne, Grapefruit Tart and more. **METRO**

## White Asparagus with Blood Orange Sauce.

A Halloween-worthy dinner accompaniment

"If you can't find blood oranges you can use a regular orange, but the flavour won't be quite the same," writes Jennifer McLagan in her book *Bitter*.

"This sauce is an orange butter sauce made exactly the same way you would make a white butter sauce (beurre blanc), but using orange juice instead of wine. The cream is added to make the sauce more stable."

"Two important things to remember when making this sauce: use a heavy pan that transfers the heat slowly and evenly, and watch carefully as you whisk in the butter. If your sauce overheats, you can let it cool down slightly, add a splash of water, and whisk it back together."

**1.** Cook the asparagus (place in a pan of boiling water so they are in a single layer. Lower the heat and simmer for 15-25 minutes. You want them cooked, not crunchy).

**2.** While the asparagus is cooking, finely grate the zest from the orange and then squeeze the juice. Place both the zest

and the juice in a small saucepan and bring to a boil over medium high heat. Reduce the heat and boil gently until the mixture is reduced to about 2 tablespoons. Stir in the cream and season with salt and pepper.

**3.** Drain the cooked asparagus and keep warm in a low oven.

**4.** Cut the butter into 6 pieces. Place the pan with the juice and cream mixture over very low heat and slowly whisk in the butter, thoroughly incorporating each piece before adding another. While you're whisking, keep the sauce warm, but not hot, so that the mixture emulsifies and the butter doesn't melt into the sauce. When all the butter is incorporated, taste, adjust the seasoning, and serve over the cooked asparagus.

**RECIPES FROM BITTER © 2014 BY JENNIFER MCLAGAN. PUBLISHED BY HARPERCOLLINS CANADA. ALL RIGHTS RESERVED.**

**Ingredients**

- 12 large fat white asparagus
- 1 blood orange
- 1 tbsp whipping (35 percent fat) cream
- Sea salt and freshly ground black pepper
- 1/2 cup (4 ounces / 115 g) cold unsalted butter

**This recipe serves four.** AYA BRACKETT

**TOTAL TIME**  
ABOUT 25 MINUTES



## Side. Grilled Radicchio with Creamy Cheese

**1.** Cut the radicchio heads into quarters and drizzle with olive oil, turning to lightly coat the pieces. Season with salt and pepper.

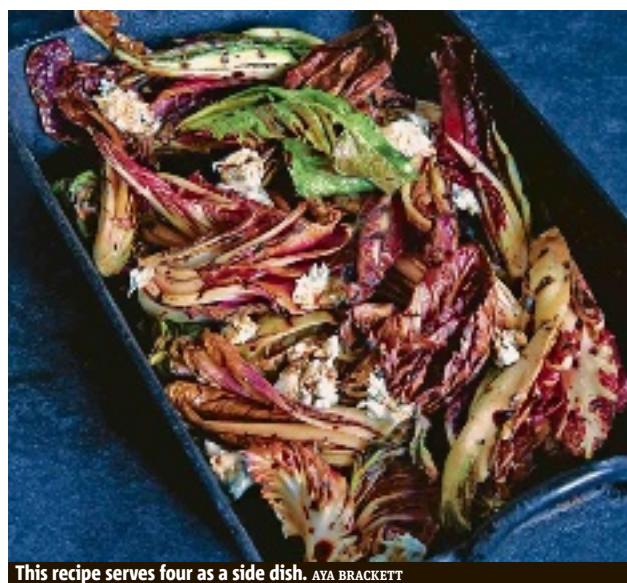
**2.** Heat a gas grill to medium, or set a heavy cast-iron pan over medium heat. When it is hot, add the radicchio and cook, turning often, until it is soft, brown in color, and lightly charred, about 12 minutes. Cut the cheese into pieces.

**3.** Transfer the radicchio to a serving dish. Top with pieces

of the cheese and sprinkle with the balsamic vinegar. The heat of the radicchio will melt the cheese.

**Ingredients**

- 2 heads Treviso radicchio, about (7 oz / 200 g each)
- Olive oil
- Sea salt and freshly ground black pepper
- 2 1/2 oz (75 g) creamy cow's milk cheese
- 2 tsp balsamic vinegar



**This recipe serves four as a side dish.** AYA BRACKETT

**For your phone**

## Crumb: Ruby Tandoh Bakes (iPad/iPhone; \$3.99)

With an aim to explore new sweet and savoury tastes in baking, this cookbook and



**MIND THE APP**  
Kris Abel  
@RealKrisAbel  
life@metronews.ca

troubleshooting guide includes 45 step-by-step recipes offering muffins, daily loaves, chicory pies and baklava.



Paris Masters

Raonic still has hope for ATP finals

Canadian Milos Raonic had 19 aces Wednesday in a 6-3, 5-7, 7-6 (4) win over American Jack Sock in the second round of the Paris Masters tennis tournament.

The win by the seventh-seeded Raonic means the 23-year-old from Thornhill, Ont., keeps alive his hopes of qualifying for the ATP finals.

"This match was very important in the sense of just getting my teeth into this tournament, giving myself another chance," said Raonic. "I know I'm going to have to play better."

"Fortunately I felt like I was playing better and better at the end of the match especially."

THE CANADIAN PRESS



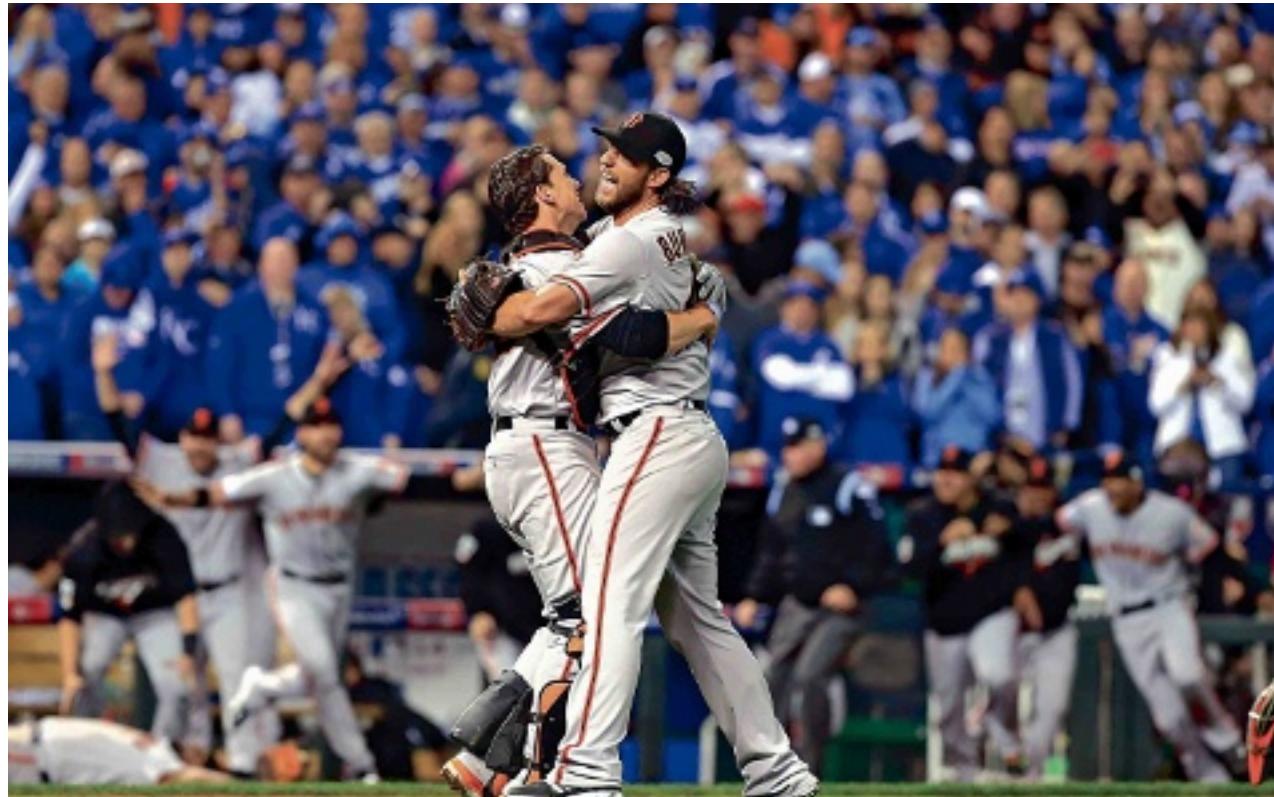
Milos Raonic  
GETTY IMAGES

Cleveland's king returns



"It means everything to be able to open our NBA campaign here in Cleveland with these fans. It's going to be a special moment."

LeBron James who will take the court on Thursday night wearing a No. 23 Cavaliers uniform in a regular-season game for the first time in four years.



Buster Posey, left, and Madison Bumgarner celebrate the final out in Game 7 of the World Series on Wednesday night in Kansas City, Mo. Bumgarner pitched five innings of shutout ball in relief on two days' rest to carry the San Francisco Giants to the championship. JAMIE SQUIRE/GETTY IMAGES

# Nothing odd about it: Giants champs again

**MLB post-season.** On shoulders of Bumgarner, San Fran follows up on 2010 and 2012 World Series wins with another championship in 2014



Giants held off the Kansas City Royals 3-2 Wednesday night in Game 7 of the World Series for

their third championship in five seasons.

With both starters chased early, this became a matchup of bullpens. And no one stood taller than the six-foot-five Bumgarner, who added to his post-season legacy with a third victory this Series.

After Gregor Blanco misplayed Alex Gordon's drive for a single and two-base error, Bumgarner got Salvador Perez to pop foul to third baseman

Pablo Sandoval for the final out.

The Giants ended a Series streak that had seen home teams win the last nine Game 7s. San Francisco took this pairing of wild-card teams after earning titles in 2012 and 2010.

Pitching on two days' rest after his shutout in Game 5, Bumgarner entered in the fifth with a 3-2 lead. After giving up a leadoff single to Omar Infante, he shut down the Royals.

THE ASSOCIATED PRESS

# Raptors declaw Hawks in season opener



Raptors guard Kyle Lowry attacks the basket against the Hawks' Al Horford at the Air Canada Centre on Wednesday night. NATHAN DENETTE/THE CANADIAN PRESS

Jonas Valanciunas had 17 points to lead the Toronto Raptors to a 109-102 season-opening victory over a pesky Atlanta Hawks squad Wednesday night.

Amir Johnson added 16 points, eclipsing his previous opening-night high of 13 for Toronto, which improved to 11-9 all-time on opening night and 8-6 when starting the season at home. That delighted the loud, enthusiastic Air Canada Centre sellout of 19,800, many donning the free white We The North T-shirts waiting on their seats as they arrived.



DeMar DeRozan had 15 points and a career-high 11 rebounds while Terrence Ross added 13 points for Toronto, now 12-8 all-time in home openers.

Toronto's Lou Williams had eight points against his former team. The Raptors acquired Williams and Lucas Nogueira from Atlanta on June 30 for forward John Salmons.

Kyle Korver, Jeff Teague and Mike Scott all had a game-high 20 points for Atlanta.

Toronto is coming off a club-record 48 wins last year that earned them their first playoff spot since 2008. But Toronto's promising season ended with a seven-game opening-round loss to the Brooklyn Nets.

THE CANADIAN PRESS

4  
SPORTS



## Rough night in Manchester

Manchester City's defence of the League Cup was ended by a 2-0 home loss to Newcastle in the last 16 on Wednesday, with an injury to playmaker David Silva completing a miserable night for the English champions. Young striker Rolando Aarons scored in the sixth minute and French midfielder Moussa Sissoko, pictured, added a brilliant second goal in the 76th for under-strength Newcastle.

MICHAEL REGAN/GETTY IMAGES

### Out for season

#### Rookie injured during pro debut

Los Angeles Lakers rookie forward Julius Randle is expected to miss the rest of the season after undergoing surgery on his broken right leg.

"It is heartbreaking," Lakers coach Byron Scott said. "I saw him all summer and saw the work he was putting in ... and the steps he was taking to get better. His first game, and he goes down."

THE ASSOCIATED PRESS

### Curling

#### Howard slides through

Canada's Glenn Howard defeated Norway's Thomas Ulsrud 5-4 in Wednesday's early draw at the Masters Grand Slam of Curling.

Howard, from Penetanguishene, Ont., scored a single in the eighth end for the victory at the Selkirk Recreational Complex.

Play continues later Wednesday.

THE CANADIAN PRESS

# QB legends to face off

### Brady and Manning.

Broncos to play Patriots Sunday, bringing together two quarterbacking greats

Fans get another chance to gauge the relative greatness of Tom Brady and Peyton Manning when the quarterbacks meet for the 16th time.

Brady will be analyzing something more important.

The New England Patriots star will have his eyes on an improved Denver Broncos defence that could test his limited skills at escaping the pass rush on Sunday.

The Broncos (6-1) are the only team with two players having at least seven sacks — linebacker Von Miller with nine and defensive end DeMarcus Ware with seven.

"They just tee off on the quarterback. They've got every move. They've got the speed, speed-to-power," Brady said Wednesday. "They've got the spin moves. They run the games. It's a big challenge for our offensive line."

It would have been a much bigger challenge earlier in the season when the line was in flux as coach Bill Belichick sought the right combination to clear space for runners and protect Brady.

The Patriots (6-2) were 2-2 in the first four games and Brady was sacked nine times. In the last four, they're 4-0 and Brady has been sacked just four times. The current front line of left tackle Nate Solder, left guard Dan Connolly, rookie centre Bryan Stork, right guard Ryan Wendell and right tackle Se-



Tom Brady congratulates Peyton Manning after the Broncos' 26-16 win over the Patriots in the AFC championship game last January in Denver. KEVIN C. COX/GETTY IMAGES

bastian Vollmer has jelled.

"We've had some growing pains that we're all trying to get used to earlier," Brady said. "Offensive lines, typically, the longer they play together the better they get because they do develop a lot of trust in the guy next to them. The offensive line really is a metaphor for an offence and a team. Everyone has to complement each other."

Brady is 10-5 against Manning, including the post-season. But the last time they faced each other, Manning and the Broncos were better. He completed 32 of 43 passes for 400 yards and two touchdowns in a 26-16 win in last season's AFC championship game.

During the 2013 regular season, the Patriots had their biggest comeback in

history. They beat the Broncos in Foxborough 34-31 in overtime after trailing 24-0 at halftime.

In the off-season, the Broncos improved their defence by adding Ware from Dallas, former New England cornerback Aqib Talib and former Cleveland safety T.J. Ward.

"I feel like they're the best team in the NFL right now," Patriots tight end Rob Gronkowski said. "They've got a very solid offence, a very, very solid defence, great rushers. It's a very good team. So we've got to be ready, be prepared and bring all we've got or we'll get beat."

The Broncos have allowed the fourth fewest yards per game in the NFL and the fewest yards rushing. In the last four games,

opponents have averaged just 258.8 yards and 47.8 yards rushing.

In their last game, a 35-21 win over the San Diego Chargers, the Broncos held Philip Rivers to 245 yards passing, two interceptions and three touchdowns.

In his last four games, Brady has been spectacular, passing for 1,268 with 14 touchdowns and no interceptions.

Why the improvement after a slow start?

"I feel like I'm the same every week," he said. "Some weeks it goes better than others, but I feel like my approach is always the same. Statistics may not be the same, but I try to bring the same level of intensity and energy, and I think I've always tried to be really consistent." THE ASSOCIATED PRESS

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FINALLY, after so many years I can say I'm happy again. So many years, my life was all problems or ailments, something was always wrong. Tired, I heard about you and visited you and you showed me the bad energy that had been in me for so long and was transferred to my kids, and that was the reason of my misfortunes. Thank you!

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## Ref offside. Soccer ref canned for pop concert

A Premier League referee has been dropped this weekend for breaking protocol so that he could watch an Ed Sheeran pop concert.

Mark Clattenburg drove straight from West Bromwich Albion's ground to Newcastle after Saturday's game against Crystal Palace so that he could watch Sheeran perform.

Referees are supposed to make a return journey with their assistants from the stadium to their hotel after

every match — to protect their integrity and security.

Clattenburg broke another Professional Game Match Officials' rule by speaking to Palace manager Neil Warnock on the phone after the 2-2 draw at the Hawthorns.

Referees are only allowed to speak to managers 30 minutes after games, and their assistants must be present in case the conversation needs verifying later.

THE ASSOCIATED PRESS

A representative for Jose Canseco says the former major league slugger is recovering after shooting himself in the hand at his Las Vegas home.

Agent Jose Melendez says Canseco was resting at home Wednesday, and friends and family were hoping his finger would respond well to a surgery.

Officers responded to a call of an accidental shooting shortly after 2:30 p.m. Tuesday.

Police said the former Oakland Athletics outfielder said he was cleaning his gun in the kitchen when it fired, shooting a finger on his left hand.

Canseco is a right-handed batter who hit 462 career home runs and was a six-time All-Star. He also played for Texas, Boston, Toronto, Tampa Bay, the New York Yankees and Chicago White Sox during a career that spanned from 1985 to 2001.

THE ASSOCIATED PRESS

## AUGMENTED REALITY

**Stuck on 12 Across?**  
Scan this image with your  
Metro News app for today's  
crossword and Sudoku answers.  
It's OK. No one's watching.



→ See the full  
instructions  
on Metro's  
Voices page.

### Horoscopes by Sally Brompton

#### ♈ Aries

March 21 - April 20

If nothing seems to add up today it's because you are trying to solve a problem that has no answer. It's OK to admit it. You don't have to be in control of each and every situation.

#### ♉ Taurus

April 21 - May 21

If someone reacts in an emotional way to what you say today then perhaps you should take the hint and steer clear of touchy issues.

#### ♊ Gemini

May 22 - June 21

You have a number of duties to attend to and, although you might prefer to ignore them, you feel honour bound to do what is expected of you. You'll be rewarded.

#### ♋ Cancer

June 22 - July 23

If you try to limit someone's freedom today, it could rebound on you. Better to give them the space they require. It's unlikely they will wander too far without your approval.

#### ♌ Leo

July 24 - Aug. 23

You may not get the results you expected today but don't worry — in the greater scheme of things you are making substantial progress.

#### ♍ Virgo

Aug. 24 - Sept. 23

A change of scene will do you a world of good over the next 24 hours and could even lead to a financial opportunity you might otherwise have missed.

#### ♎ Libra

Sept. 24 - Oct. 23

Fix your attention on a certain situation and learn as much as you can. The more you know, the better placed you will be to benefit from coming upheavals.

#### ♏ Scorpio

Oct. 24 - Nov. 22

Make a conscious decision to go with the flow and don't think of it as a defeat if you have to change your plans at the last moment.

#### ♐ Sagittarius

Nov. 23 - Dec. 21

You may feel as if you are getting nowhere fast but on a deeper level you are in fact making considerable progress.

#### ♑ Capricorn

Dec. 22 - Jan. 20

You may know what is wrong with a certain situation but you are not in a position to put it right. The planets warn you should leave well alone. The cosmic picture will change over the next few days.

#### ♒ Aquarius

Jan. 21 - Feb. 19

Your mind may be bursting with big ideas but what use are they if you don't knit them together into a coherent and workable plan? Bring those big ideas down to a human level.

#### ♓ Pisces

Feb. 20 - March 20

Someone you haven't seen for a while will come back into your life and the effect on your feelings could be dramatic. Don't get carried away. They've changed a lot, and so have you.

### Crossword: Canada Across and Down by Kelly Ann Buchanan

#### Across

- Rocky Mountains animal
- Country singer's 2001 to 2007 sitcom
- Fred Flintstone exclamation bit
- Apiece
- Richard of "A Summer Place" (1959)
- The Hunter constellation
- Tactical
- "\_\_ you!" (Response to a school)
- "A League of \_\_ Own" (1992)
- The art of making sense
- Cousin of -enne
- Promise to pay
- Biblical land
- Montreal's Rue Sainte-Catherine; Toronto's Yonge Street ...what is Edmonton's main thoroughfare? 2 wds.
- Mike \_\_, Mayor of Halifax
- Speed \_\_.
- Li'l mailbox item
- Inclined
- Up to, briefly
- Domicile
- \_\_ Radio-Canada
- Jammies
- Don \_\_, Mayor of Edmonton
- Halifax band Joel Plaskett fronted: 2 wds.
- Commotion
- Retro albums,

#### Down

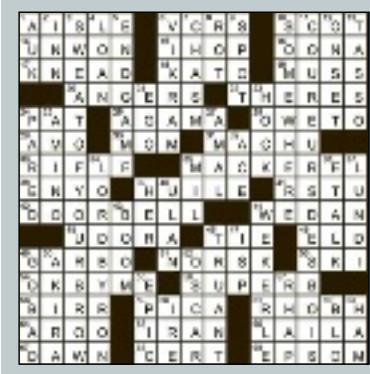
- briefly
- Scott Weiland gr.
- In-pain athlete's injection
- Ice Cube, aka \_\_ Jackson
- \_\_ cake
- Bicycle support
- Chicago's airport
- Zeno of \_\_ (Ancient Greek phil-

- osopher)
- Hanna-Barbera specialty [abbr.]
- Nervous
- Take a break
- Richard of reels
- Scott of "Charles in Charge"
- Rachael \_\_ (Marlo Cruz on Global TV's "Rookie Blue")
- Nina of "The Vam-

- Language spoken in Bangkok
- Riddle-me\_\_
- Dishware item at breakfast
- Particular pear
- Grande-\_\_ village in New Brunswick
- Emergency Room who-needs-care-first process
- Wax-coated

- cheese
- Suffix with 'Lact'
- Marcia and Cindy's sister
- Actress, Kimberly
- Modernists
- Take apart
- Level
- Skewer
- Ingrid Bergman movie, "\_\_\_ of Triumph" (1948)
- See: French
- William Shatner's '80s police series, "\_\_\_"
- Dispatch boats
- Wager
- Really smart letters
- Little devil
- Verbalizes
- Evening party
- Volleyballer-turned-author
- Gabrielle's
- Western film of 1953 starring Alan Ladd
- Hold: French
- Amidala, Natalie Portman's 'Star Wars' movies role
- Curdle
- South Dakota dam
- Macklemore & \_\_ Lewis
- River famous since ancient times
- Groom-to-be's party
- Chocolate treat, with Kit

### Yesterday's Crossword



#### Online

See today's answers at  
[metronews.ca/answers](http://metronews.ca/answers)



### Sudoku

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

#### Yesterday's Sudoku

6	1	5	3	2	7	4	9	8
4	9	3	8	5	1	6	7	2
7	8	2	4	6	9	3	1	5
1	6	8	2	9	3	7	5	4
5	7	4	6	1	8	2	3	9
2	3	9	5	7	4	8	6	1
3	2	6	9	8	5	1	4	7
8	5	7	1	4	6	9	2	3
9	4	1	7	3	2	5	8	6

### Conceptis Sudoku

By Dave Green

7	6	9	
4			1
1	4	7	2
9			4
3			5
2			6
5	1	6	7
7			9
6	5	3	

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## Your opinion matters!

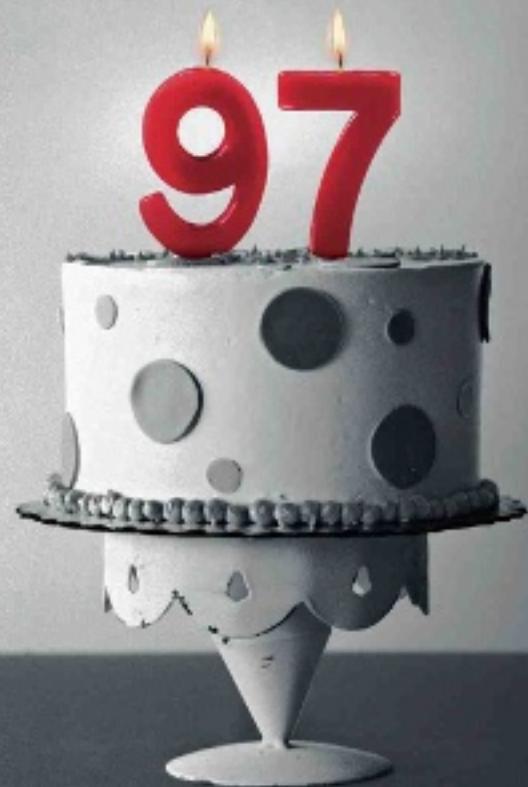
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**SOMERSET B - Lot 54**  
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